

RSVP Newsletter

INSIDE THIS ISSUE:	
9/11 Memorial	1
Thanksgiving Baskets	1
Ageless Living Luncheon	2-3
RSVP Description	4
Medicare Information	4
Winter Recipe	4
Winter Poem	4
December Calendar	5
December Birthdays	6



The City of Belen held its 12th annual memorial service at The 9/11 Memorial Park on September 11, 2013 located at the corner of Main and Church Street to honor the victims of the attacks of September 11, 2001. The event was sponsored by the City of Belen, the Greater Belen Chamber of Commerce, the New Mexico Army National

Guard, Belen VFW Post 2387, American Legion Post 81, and the Disabled American Veterans Chapter 29. A memorial brick was added to the park in honor of Staff Sergeant Jonathan P. Schmidt, from Albuquerque, New Mexico. *May we never forget the loss of so many of our fellow citizens on that tragic day in 2001.*

This year Mid Rio Grande RSVP coordinated with groups and organizations in the Belen area that provided Thanksgiving meals to local families by acting as a clearing house by accepting applications for Thanksgiving baskets. We were able to provide over 200 baskets so that deserving families could enjoy a bountiful Thanksgiving dinner.



Ageless Living Luncheon



We would like to thank everyone that attended the annual luncheon for seniors at the Center for Ageless Living. We are proud to say that it was very successful.





**Retired and Senior
Volunteer Program
(RSVP)**

RSVP volunteers use their skills and experiences to make a difference in their communities. Volunteers help in the libraries, food pantries, schools, and senior centers. Must be 55 years or older. So if you are 55 years or older and would like to make a difference in your community, please call Bertha or Leandra at the RSVP office.

Volunteering

Giving time that has immeasurable value

Is the easiest way to be a person showing natural loving power

Learning the ability to do something new

You cheer up those feeling blue

With smiles widening ear to ear
Tears drip down knowing you're here

Knowing they do not have to face their struggles alone
Paying it forward becomes their new stepping stone

Volunteering also helps you too
Seeing that there are people in this world who also care for you

Exchanging the same feeling of pushing through to reach a goal
Sharing the strength and wisdom that is worth more than gold.

-Lillimae Woode

Fudge



Ingredients

- 1 (7 ounce) jar marshmallow cream
- 1 1/2 cups white sugar
- 2/3 cup evaporated milk
- 1/4 cup butter
- 1/4 teaspoon salt
- 2 cups milk chocolate chips
- 1 cup semisweet chocolate chips

Directions

1. Line an 8x8 inch pan with aluminum foil. Set aside.
2. In a large saucepan over medium heat, combine marshmallow cream, sugar, evaporated milk, butter and salt. Bring to a full boil, and cook for 5 minutes, stirring constantly.
3. Remove from heat and add in the semi sweet chocolate and milk chocolate chips. (Mix)
4. Pour in pan and refrigerate.
5. ENJOY!

Social Security and Medicare:

- Social Security benefits will rise 1.5% in 2014.
- For Medicare, the monthly premium for part "B" in 2014 will remain \$104.90 for individuals with income of \$85,000 or less (\$170,000 for a couple filing a joint tax return).
- The annual deductible for part "B" of Medicare remains \$147 in 2014.



Medicaid in New Mexico becomes Centennial Care starting January 1st, 2014.

Centennial Care services will be provided by:

- Blue Cross Blue Shield of NM
- Molina Health Care of NM, Inc.
- Presbyterian Health Plan, Inc.
- United Health Care Community Plan of NM

For more information about Centennial Care call 1-888-997-2583.

R S V P

Lead With Experience

December 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 City Council Meeting	3 Belen Senior Center Dance 10-12pm	4 Fred Luna Senior Center Dance 10-12pm	5 Del Rio Senior Center Dance 10-12pm	6	7
8	9	10 Belen Senior Center Dance 10-12pm	11 Fred Luna Senior Center Dance 10-12pm	12 Del Rio Senior Center Dance 10-12pm	13	14
15	16 City Council Meeting	17 Belen Senior Center Dance 10-12pm	18 Fred Luna Senior Center Dance 10-12pm	19 Del Rio Senior Center Dance 10-12pm	20	21 Winter Begins
22	23	24 Christmas Eve	25 Christmas	26 Kwanzaa begins	27	28
29	30	31 New Years Eve				

100 South Main St. Belen NM 87002

Bertha Flores
Phone: 505-966-2567
Fax: 505-966-2567
Leandra Chavez
Phone: 505-966-2566
Fax: 505-966-2566



Ann Brown	12/28	Linda Haverty	12/06
Alan Casey	12/13	Norma Hutson	12/31
Nancy Faust	12/21	Ana Manasco	12/10
Shirley Francis	12/24	Dolores Santiago	12/29
Annie Garcia	12/03	Ada Simons	12/15
Louisa Garcia	12/14	Gloria Torres	12/13
Ida Garley	12/30	Bonnie Walker	12/03
Bonnie Gemoets	12/29	Pamela Wolfe	12/23



Wishing you all Happy Holidays! -RSVP Coordinators