

RSVP

Everyone can be great because anyone can serve. You don't have to have a college degree to serve. You don't even have to make your subject and your verb agree to serve... You only need a heart full of grace. A soul generated by love.

- Dr. Martin Luther King, Jr.

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RSVP NEWSLETTER

Volume 6, Issue 1 - 2015

Mid-Rio Grande



Belen Community Center



Belen Community Center

The Community Center is one of the many RSVP Volunteer Stations. Volunteers at the Center help monitor the weight room and also work the front desk. The recreation center is open Mondays through Thursdays from 8:00AM to 8:00PM and Fridays 8:00AM to 1:00PM. To find out if you can become a volunteer here call Bertha Flores, the RSVP Director, at 505-966-2567. If you would just like to become a member of the gym to work out and you are 55 years or older the prices are as follows: \$15.00 for a monthly membership or \$2.00 a day. There is also an indoor track for people to come and walk and this is free of charge. If you want to become a member of the gym, walk in and pay for a day pass or a monthly membership. The gym is located at 305 Eagle Lane in Belen.

Thanksgiving Baskets



Once again as the clearing house for Thanksgiving baskets in Valencia County we had great success. Over 230 Baskets were given out this year. Thank you to Belen Elks Lodge, First Baptist Church of Belen, The Belen Dr. Martin Luther King, Jr. Commission, Belen Moose Lodge, Presbyterian Church of Belen, St. Vincent de Paul of Belen, St. Philip's Episcopal Church, C & M Ceramics, The Belen Staters Club, and Let's Move That Food for helping people living in the area of the Belen school district have happier holidays.

Echo Food Distribution

Echo distributes food every month to people who qualify. They distribute at the Belen Community Center. We have received the distribution dates for 2015, which are the following Thursdays: January 22, February 5, March 26, April 23, May 7, June 25, July 23, August 27, September 24, October 22, November 5, December 3. You must show a proof of income, residency and an ID to see if you qualify to receive food from Echo. They distribute from 9:00AM to 12:00PM.

Transfer on Death (TOD) Deed

TOD is a way to specify the transfer of real estate upon a person's death. There is no transfer until the person who creates the TOD deed is deceased. This is a means of avoiding probate. It also supersedes a will or negates the need for a will if that is the only item of the estate. The person making the TOD deed can revoke it at any time. For details about TOD deeds, call the Legal Resources for the Elderly Program (LREP) at 797-6005 or 800-876-6657.

Taxes



It's almost that great time of the year to do taxes! If you need assistance with your state taxes, don't be stressed out! Starting February 9th, on Mondays only, we will have an RSVP Volunteer to help you file for your 2014 state tax state returns. If you would like some help you can call at the beginning of February to schedule an appointment. Call Bertha at 966-2567 or Leandra at 966-2566 to make the appointment.

Christmas 2014 at Belen Senior Center



Manuel C. Chavez Day



December 15, 2014 was proclaimed “Manuel C. Chavez Day” in Belen. It is in celebration of the former judge’s 100th birthday. It recognizes Judge Chavez’s contributions to the community throughout his life including his 21 years as Belen Municipal Judge. Judge Chavez celebrated his 100th birthday on December 12, 2014.



Pumpkin Roll



INGREDIENTS

- 2/3 Cup canned pumpkin
- 3 Eggs
- 3/4 Cup flour
- 3/4 Tsp Baking Soda
- 1 Cup Sugar
- 1/2 Tsp. Cinnamon

Filling

- 1 teaspoon vanilla extract
- 8 Oz Cream Cheese
- 2 Tbsp. Butter
- 1 Cup confectioners sugar

DIRECTIONS

- Preheat oven to 375°F.
- In mixing bowl beat eggs on high for 5 minutes. Gradually add the sugar and pumpkin
- Add flour, baking soda and cinnamon and mix until smooth
- Line 13 inch by 9 inch baking pan with wax paper. Grease and flour the paper. Spread the batter evenly in the pan.
- Bake at 375°F for 15 minutes or until the cake springs back when lightly touched.
- Immediately flip the cake onto a kitchen towel dusted with confectioners sugar, peel off the paper. Roll the cake up with the towel and let cool.
- Meanwhile in another bowl mix cream cheese, butter, confectioners sugar and vanilla until creamy.
- Unroll the cake and layer the filling on the cake. Roll the cake with the filling inside.
- Slice and enjoy!

Retired and Senior Volunteer Program (RSVP)

RSVP volunteers use their skills and experiences to make a difference in their communities. Volunteers help in libraries, food pantries, schools, and senior centers. They must be 55 years or older. So if you are 55 years or older and would like to make a difference in your community, please contact Bertha or Leandra at the RSVP office.



New Mexico Word Search

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F P T H S P G G R K A V N O R M U
Y U C C A F L O W E R H K C A Q I
L A N D O F E N C H A N T M E N T
L W P I G F O U R C O R N E R S D
J A L B U Q U E R Q U E T Y M D E
R I O G R A N D E O W Q E I E F S
D M I R E N N U R D A O R K X D E
D S N I A T N U O M P I L E I W R
S O M A L A S O L O Y F M V C E T
N R E V A C D A B S L R A C O W O
    
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|--------------|-------------|--------------|
| ALBUQUERQUE | CARLSBAD | YUCCA FLOWER |
| FOUR CORNERS | CAVERN | DESERT |
| ROAD RUNNER | LAND OF | LOS ALAMOS |
| | ENCHANTMENT | RIO GRANDE |
| | MOUNTAINS | |

January

All Dances Start at 10:00 AM
and end at 12:00 PM.

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--------------------------------------|------------------------------|----------------------------------|--------------------------------|-----|--------------------------|
| | | | | 1 New Year's Day | 2 | 3 |
| 4 | 5 | 6 Belen Senior Center Dance | 7 Los Lunas Senior Center Dance | 8 Del Rio Senior Center Dance | 9 | 10 |
| 11 | 12 | 13 Belen Senior Center Dance | 14 Los Lunas Senior Center Dance | 15 Del Rio Senior Center Dance | 16 | 17 |
| 18 | 19 Martin Luther King Jr. Day | 20 Belen Senior Center Dance | 21 Los Lunas Senior Center Dance | 22 Del Rio Senior Center Dance | 23 | 24 Annual Matanza |
| 25 | 26 | 27 Belen Senior Center Dance | 28 Los Lunas Senior Center Dance | 29 Del Rio Senior Center Dance | 30 | 31 |

February

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------------|---------------------------|------------------------------|--|---|-----|---------------------------|
| 1 Four Chaplains Sunday | 2 Groundhog Day | 3 Belen Senior Center Dance | 4 Los Lunas Senior Center Dance | 5 Del Rio Senior Center Dance | 6 | 7 |
| 8 | 9 | 10 Belen Senior Center Dance | 11 Los Lunas Senior Center Dance | 12 Del Rio Senior Center Dance Lincoln's Birthday | 13 | 14 Valentine's Day |
| 15 | 16 Presidents' Day | 17 Belen Senior Center Dance | 18 Los Lunas Senior Center Dance Ash Wednesday | 19 Del Rio Senior Center Dance | 20 | 21 |
| 22 Washington's Birthday | 23 | 24 Belen Senior Center Dance | 25 Los Lunas Senior Center Dance | 26 Del Rio Senior Center Dance | 27 | 28 |

March

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------------------|-----|--|--|--------------------------------|-------------------------|-----|
| 1 | 2 | 3 Belen Senior Center Dance | 4 Los Lunas Senior Center Dance Purim begins | 5 Del Rio Senior Center Dance | 6 | 7 |
| 8 Daylight Savings Time Begins | 9 | 10 Belen Senior Center Dance | 11 Los Lunas Senior Center Dance | 12 Del Rio Senior Center Dance | 13 | 14 |
| 15 | 16 | 17 Belen Senior Center Dance St. Patrick's Day | 18 Los Lunas Senior Center Dance | 19 Del Rio Senior Center Dance | 20 Spring Begins | 21 |
| 22 | 23 | 24 Belen Senior Center Dance | 25 Los Lunas Senior Center Dance National Medal of Honor Day | 26 Del Rio Senior Center Dance | 27 | 28 |
| 29 Palm Sunday | 30 | 31 Belen Senior Center Dance | | | | |



January, February & March Birthdays

| | | | |
|---------------------------|-------------|----------------------------|-------------|
| <i>Fillie Baca</i> | <i>1/07</i> | <i>Robin Holbrook</i> | <i>2/16</i> |
| <i>Lawrence Brenner</i> | <i>1/10</i> | <i>Charlene Norris</i> | <i>2/16</i> |
| <i>Shirley Edens</i> | <i>1/12</i> | <i>Margaret Balling</i> | <i>3/15</i> |
| <i>Kerry Garcia</i> | <i>1/08</i> | <i>Raymond Barela</i> | <i>3/08</i> |
| <i>Cynthia Gomez</i> | <i>1/15</i> | <i>Frances Gallegos</i> | <i>3/06</i> |
| <i>Margaret Gutierrez</i> | <i>1/12</i> | <i>Ida Gardner</i> | <i>3/11</i> |
| <i>Rita Karson</i> | <i>1/05</i> | <i>John Gardner</i> | <i>3/10</i> |
| <i>Claudia Martinez</i> | <i>1/21</i> | <i>Frank Gonzales</i> | <i>3/10</i> |
| <i>Madeleine McGee</i> | <i>1/26</i> | <i>Linda Griego</i> | <i>3/09</i> |
| <i>Mavis Moyers</i> | <i>1/30</i> | <i>Shirley Hershberger</i> | <i>3/03</i> |
| <i>Lenore Pena</i> | <i>1/31</i> | <i>David Hise</i> | <i>3/01</i> |
| <i>Dorsie Blandford</i> | <i>2/07</i> | <i>Anita Holsteen</i> | <i>3/25</i> |
| <i>Mary Chavez</i> | <i>2/15</i> | <i>Ana Lavato</i> | <i>3/13</i> |
| <i>Orlinda Duree</i> | <i>2/15</i> | <i>Bertha Lightfoot</i> | <i>3/24</i> |
| <i>Katje Erickson</i> | <i>2/07</i> | <i>Lydia Lopez</i> | <i>3/29</i> |

RSVP Office

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E-Mails

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RSVP Office Hours
8:00 AM - 5:00 PM

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